



Valley  
Children's  
HEALTHCARE

# Inpatient Pediatric Rehabilitation Center







## Welcome to Our Inpatient Pediatric Rehabilitation Center

At Valley Children's Inpatient Pediatric Rehabilitation Center, we understand the uncertainty and challenges you may face because of your child's illness or injury. Choosing pediatric rehabilitation services demonstrates an important step in providing every opportunity for your child's recovery.

Recognizing that children are not "little adults," and adolescents and young adults are not "big children," we provide each individual and family high-quality, comprehensive care in a respectful and supportive environment. We are here to help, teach and encourage you during this process so that your child can achieve a bright future.





## The Children We Serve

Our program addresses a wide variety of pediatric rehabilitation needs for patients from birth to age 21. We offer experienced care for a broad range of conditions.

Our areas of specialization include:

- Traumatic brain injury
- Spinal cord injury
- Encephalitis, meningitis and other central nervous system infections or diseases
- Stroke
- Guillain-Barré syndrome and other neuromuscular disorders
- Near-drowning and other hypoxic-ischemic injuries
- Disability or recovery from oncological disorders
- Critical illness myopathy
- Multiple trauma
- Burns
- Acute amputations

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*“ I had a car accident that was very traumatizing. I remember my therapist was kind and caring. She also encouraged me to overcome my fears. She not only helped me physically, but she also became like family. That is the difference Valley Children’s makes for kids like me. ”*

*- Arturo Barajas, 18, Terra Bella*

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## The Rehabilitation Process

The road to rehabilitation can seem overwhelming. Our experienced interdisciplinary team will work closely with you to create an individualized rehabilitation plan that incorporates your child's and family's needs and identifies functional abilities and rehabilitation goals. The team continuously evaluates and modifies the plan as your child makes progress with the goal of successful transition back to home, school and community life.

All patients receive three hours of therapeutic services a day, six days a week. Physical, occupational and speech/language therapies form the core of the therapeutic services. The child's specific needs determine the combination of therapy services. Our pediatric nursing staff is an integral part of the team and provides 24-hour care to work toward the rehabilitation goals.

### Our Interdisciplinary Team

Our pediatric rehabilitation team includes the child, family members and various expert pediatric caregivers and specialists who focus on treating the whole child, including the following:

- Board-Certified Physiatrist/Medical Director
- Pediatric Specialty Physicians
- Nurse Practitioners
- Rehabilitation Nurses
- Preadmission Coordinators
- Physical Therapists
- Occupational Therapists
- Speech-Language Pathologists
- Recreational Therapists
- Neuropsychologists
- Clinical Psychologists
- Social Workers
- Case Managers
- Peer Counselors
- Child Life Specialists
- Dietitians
- Respiratory Care Practitioners
- Credentialed Teachers

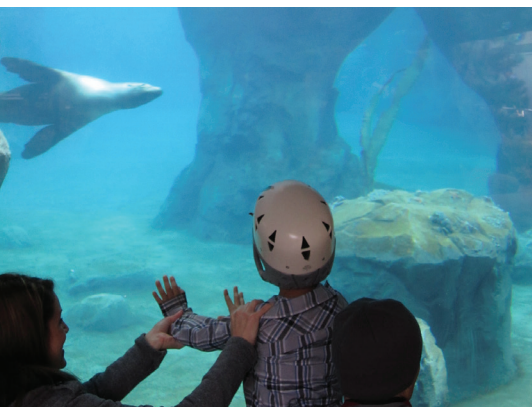


## Therapeutic Outings

As part of the rehabilitation process, the Center provides therapeutic outings in the community to help patients practice new skills and enhance functional abilities. From bowling, miniature golf, fishing, shopping and arts and crafts, to trips to the zoo and sporting events, these activities boost the patient's confidence in returning to school and daily life.

## Inpatient Education and School Re-entry Services

During the course of rehabilitation, each school-aged child receives educational services from a credentialed teacher as part of a customized program. The staff also works with the child's school personnel to recommend appropriate educational services and facilitate successful school re-entry.



## Family Amenities

Family involvement plays a significant role in the child's successful recovery. Designed for families' easy access and comfort, our Center features a kitchen, family dayroom, laundry facilities and playground. We can accommodate two parents or family members overnight for those who choose to room-in with their child during their rehabilitation stay. At least one family member must be over the age of 18. Free RV parking with hookups is also available for our patient families.

A room may be available at the Ronald McDonald House, a home-away-from-home for families outside Fresno and Madera. To check availability, please call **Valley Children's Patient and Family Services at (559) 353-5270**.

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*// I'm so thankful for Valley Children's for taking care of my daughter and for taking care of me. Everyone was empathetic and nice. It was very family-oriented. //*

*- Alma Tapia, Tulare*

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Dr. Jennifer Crocker

## About Our Pediatric Rehabilitation Medical Director

The medical director of Valley Children's Pediatric Rehabilitation Center, Dr. Jennifer Crocker, is board certified in physical medicine and rehabilitation by the American Academy of Physical Medicine and Rehabilitation. Her special interests include adaptive sports and spinal cord injury.

Active in the medical community, Dr. Crocker is a member of the California Society of Physical Medicine and Rehabilitation and the American Academy of Physical Medicine and Rehabilitation.

Dr. Crocker received her medical degree from the University of Missouri School of Medicine in Columbia. She completed an internship in pediatrics at Driscoll Children's Hospital in Corpus Christi, Texas, and a residency in physical medicine and rehabilitation at the UC Davis Medical Center in Sacramento. Dr. Crocker completed a fellowship in pediatric physical medicine and rehabilitation at Shriners Hospitals for Children - Northern California in Sacramento.





Dr. John Luce

## About Our Pediatric Rehabilitation Medicine Specialist

Board certified in pediatric rehabilitation medicine and in physical medicine and rehabilitation by the American Academy of Physical Medicine and Rehabilitation, Dr. John Luce is a pediatric physiatrist at Valley Children's Pediatric Rehabilitation Center.

Dr. Luce attended medical school at Des Moines University where he also completed his fellowship in osteopathic manual medicine. He completed an internal medicine internship at Plaza Medical Center in his hometown of Fort Worth, Texas. Dr. Luce completed his residency in physical medicine and rehabilitation at Spaulding Rehabilitation Hospital through Harvard Medical School in Boston before completing a pediatric rehabilitation medicine fellowship at Children's Mercy Hospital in Kansas City.



# Why Choose Valley Children's

Valley Children's Healthcare is one of the largest pediatric healthcare networks in the nation. It has provided Central California with high-quality, comprehensive care exclusively for children for almost 70 years. Our network offers highly specialized medical and surgical services to care for children with conditions ranging from common to the highly complex at its 330-bed children's hospital or in one of three neonatal units (28 beds) located across the Valley. In addition, the Valley Children's Healthcare network includes specialty care centers, pediatric primary care practices, urgent care center and women's health services. With more than 575 physicians and 3,400 staff members, Valley Children's partners with other providers and organizations throughout our 12-county, 45,000-square-mile service area to support our commitment of delivering the best care to children closer to home.

## **Valley Children's Inpatient Pediatric Rehabilitation Center has offered a comprehensive approach to high-quality care since 1986.**

Our 20-bed unit is accredited as an Inpatient Rehabilitation Pediatric Specialty Program by the Commission on Accreditation of Rehabilitation Facilities (CARF) – making Valley Children's one of only two pediatric facilities in the state with this impressive designation and one of only four on the West Coast. To achieve this accreditation, a unit must demonstrate that it meets stringent internationally recognized service standards and best practices. This accreditation means that Valley Children's is dedicated to being among the best providers of pediatric rehabilitation both for quality of care and patient outcomes.



Valley Children's is a certified California Children's Services provider and is accredited by The Joint Commission (TJC). TJC accreditation recognizes organizations that are committed to the highest quality and safety in the care and services they provide.



Our patients and families appreciate our comprehensive approach. Our Inpatient Pediatric Rehabilitation Center team consistently scores high on patient care surveys. As part of an ongoing process to improve patient care and satisfaction, parents and/or caregivers of our pediatric patients are given the opportunity to provide us feedback on overall quality of care. A score of 2.0 means "meets expectations" and a score of a 3.0 means "exceeds expectations." Our rehab team's average score was 2.92 reflecting the excellent, compassionate care we deliver everyday.











## Inpatient Admission Criteria

To qualify for admission to the Inpatient Pediatric Rehabilitation Center, the patient must meet these criteria:

- Be medically stable for transfer
- Demonstrate potential for improvement in quality of life, and can benefit from intensive medical, physical and/or cognitive rehabilitation
- Actively participate in at least three hours of therapy per day
- Have family or caregivers present to participate in the pediatric rehabilitation program
- Have a discharge plan in place to follow the inpatient rehabilitation stay

Timely referrals provide the greatest potential for recovery. Our capability to manage complex pediatric trauma and medical patients needing rehabilitation services makes early referrals and transfers possible.



## How to Make a Referral

We hope that Valley Children's will be your choice to meet your child's rehabilitation needs. Referrals for inpatient pediatric medical rehabilitation services may be made by:

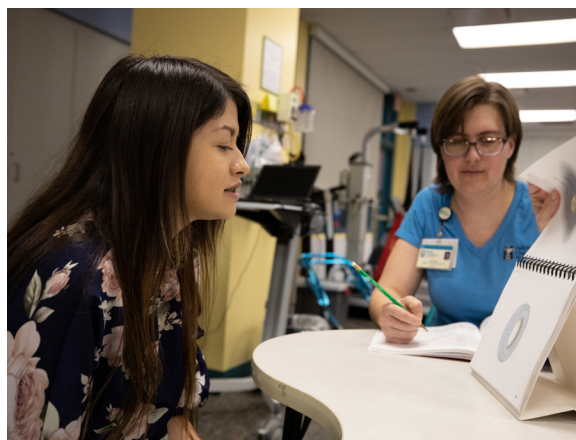
- Physicians
- Case Managers and Discharge Planners
- Parents, Family Members and Caregivers
- Patients (who are at least age 18)
- Third-Party Payors
- Other Allied Health Professionals

## Funding

Referral to California Children's Services (CCS) is required for Medi-Cal patients, and is suggested for patients and families with limited insurance coverage seeking rehabilitation services at Valley Children's. An estimated cost of the rehabilitation stay is available upon request.

## Contact Us

We welcome the opportunity to talk with you about our programs, answer questions and/or arrange a facility tour. Please contact our rehabilitation preadmission coordinator by calling the **Valley Children's Access Center at (866) 353-KIDS (5437)**.



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*// Even though we weren't at home, the people were like family. The therapists were friendly and helpful. They would let my son, Jared, go at his own pace, but pushed him at the same time. //*

*- Lori Springer, Grover Beach*

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[valleychildrens.org](http://valleychildrens.org)

